

NEWS OF MISSOURI

PACKING IS CHIEF INDUSTRY.

State Shows Gain in Five Years of 32.4 Per Cent.

Washington, D. C.—An advance bulletin giving the statistics of manufactures for the state of Missouri for the calendar year 1909, as shown by the thirteenth census, was given out by the census bureau.

In 1909 Missouri had 8,375 manufacturing establishments which gave employment to an average of 15,705 persons during the year and paid out \$109,837,000 in salaries and wages. Of the persons employed, 162,993 were wage earners.

These establishments turned out products to the value of \$574,111,000, to produce which materials costing \$354,411,000 were used. The value added by manufacture was thus \$219,700,000, which figure, as explained in the introduction, best represents the net wealth created by manufacturing operations during the year.

The slaughtering and meat packing industry is rated as the first in the state in the value of product. This value is put at \$79,581,000, a gain of 32.4 per cent over the value of the same products in 1904, when the last census on manufactures was taken.

Of the food and shoe industry, which takes second place, the report says: "This industry, which was second in importance in the state in 1909, when measured by value of products, has shown a remarkable development, having advanced from sixth place in 1904 and eighth place in 1899."

The value of products more than doubled during each of the two five-year periods shown. As a result of this pronounced growth Missouri has become second in the industry among the states, ranking fourth in 1904 and eighth in 1899.

Of the growth of manufacturing in St. Louis, the report says: "St. Louis, the largest and most important city in the state, showed an increase in 1909, as compared with 1904, of 22.5 per cent in the value of products, and 5.6 per cent in the average number of wage earners. St. Louis occupied fourth place in value of manufactured products among the cities of the United States in 1909 and in 1904."

FIRE LOSS \$6,397,513.70.

Claims Paid Equal 76 Per Cent of Premiums.

Jefferson City.—The fire losses in Missouri for 1911 were equal to 76 per cent of the premiums received by fire insurance companies, according to figures obtained from advance sheets of the annual report of the state superintendent of insurance, Frank Blanke.

The total premiums received by fire companies for insurance of property in Missouri in 1911 were \$8,363,200.51, and the total losses paid amounted to \$6,397,513.70.

St. Louisans paid to fire companies, \$2,644,012.26, and received in fire losses \$2,487,044.43 89 per cent of the amount paid out for insurance.

At Kansas City the premiums were \$1,314,076.50, and the losses paid aggregated \$917,948.97, approximately 70 per cent.

The premiums paid by residents of St. Joseph for insurance amounted to \$283,120.59. The losses paid by fire companies totaled \$111,133.54.

No rates have been filed under the new law and may not be for several months. Complaints have reached Blanke that the companies are trying to raise rates in some places.

MISSOURI SUFFRAGE PLANNED.

Kansas Cityans Prepare to Submit Issue in November.

Jefferson City.—Vote on woman suffrage for Missouri at the November election is probable. Secretary of State Roach received a letter from H. S. Williams, a Kansas City attorney, asking for the legal form for submitting such an amendment under initiative. Williams stated he represented the Woman's Suffrage club of Kansas City and the organization is desirous of circulating petitions with the object of submitting an equal suffrage amendment this fall.

State Contests Set, June 17.

Jefferson City.—Democratic state contests for two supreme judgeships and the office of superintendent of public schools, will be argued before the supreme court on June 17. The court gave R. E. Culver, special commissioner, until May 15 to make his report upon the testimony taken. After that date Judge William C. Marshall, attorney for Gantt, Gass and Timmonds, is given twenty days to prepare and file a brief. Ten days after this is allowed Judge Spencer and Lon Hoeker in which to file a reply brief for Judge Kennish and Brown and Wm. P. Evans.

Montgomery County Fair Arranged. Montgomery City.—The Montgomery county fair directors decided to hold a fair and race meeting for five days beginning August 13. Ministers will be admitted free, also school children under 16.

Slays Self to End Sickness. Sedalia.—Dependent on account of ill health, John Finley, aged 35 years, committed suicide by shooting himself at the home of his brother-in-law, Earl Nicewarmer, postmaster at Beam's Point county.

HOW TO ARRANGE GOOD MENU

Recorded Study of Food Elements is Best Way for Housewife to Avoid Errors.

Every housekeeper should be perfectly familiar with the three food products. This is the foundation of menu-making. Proteids, carbohydrates and fats are the three divisions into which all foods are classed. Proteids are the muscle-builders and are found in meat, beans, peas, eggs and nuts. Carbohydrates are the starches and are found in cereals, sugar and starchy foods. These foods produce fat and energy. Fats, such as oils, butter, lard, etc., give heat to the body. A general knowledge of these food properties as they are found in various foods underlies successful cooking as well as menu-making.

A good menu is a well-balanced menu in regard to these three food principles. A practical study of these foods is the best way to avoid errors in diet.

Do not serve several foods of the same composition at the same meal, such as potatoes, rice and macaroni.

Do not serve bean or pea soup with roast meat, salmon salad and custard. Try to vary the regular diet. If a heavy meal is served use a light, easily digested dessert.

Do not eat too much food out of season. It is expensive. If meat is left out of the dinner menu, plan to serve soup made of peas, nuts or beans and a dessert made of eggs.

To avoid serving several foods of the same composition have in mind small groups of foods alike in composition. The first and most important group to consider is that of proteid food: Group one—meats, cheese, eggs, nuts, dried peas, beans.

Any of these foods can be used for meat, or if nuts, beans or peas are used for a puree, meat can safely be left out of the menu.

For every meal select food from each of the groups mentioned—proteid, carbohydrates, fats.

Add to this some fresh fruit or vegetable three times daily and a good beginning will be made toward producing a balanced menu.—Woman's World.

Copper Casseroles.

Among the novelties for the table are tiny individual copper casseroles. These are highly bronzed and have small, flat handles. Fish, eggs, etc., are some of the things that are served in them. They look well on a dinner table and commend themselves because of novelty.

The housekeeper of today is always looking for something new. It is her pride and her delight to set an original table and have something that interests her guests as well as the food does.

These little casseroles can be served at any meal. It is not necessary to keep them for a dinner entree. Stirred eggs go in them for breakfast and macaroni with cheese for luncheon.

Basket Pudding.

Make a spongecake with one tea cup sugar, one tea cup flour, a pinch of baking powder, three eggs and one tablespoonful of milk; beat eggs, add sugar, then flour, milk and baking powder; put in a well-greased oval cake tin and bake a nice brown; turn out to cool; then scoop out inside; brush outside over with two kinds of jelly and sprinkle grated coconut over it while damp; fill the inside with stewed fruit; pile whipped cream on top; decorate with cherries, then take two long strips of angelica twisted together and place over pudding to represent a handle.

Salad Dressing Without Oil.

One egg beaten, one-half cup vinegar, one-half teaspoon mustard, one-half teaspoon salt, one tablespoon sugar. Stir all together and cook in double boiler until thick as custard. Take off stove and stir in one-fourth cup cream.

Salad Dressing No. 2—Yolks of three eggs, one teaspoon of mustard, two teaspoons of salt, two tablespoons of sugar, two tablespoons of butter, one cup milk, one-half cup hot vinegar, cook in double boiler and add the beaten whites of three eggs last. Will keep for some time.

Raisin Puffs.

Three tablespoonfuls melted butter, three tablespoonfuls sugar, one beaten egg, one cup sweet milk, one teaspoonful baking powder, half cup chopped raisins, three large spoonfuls of flour. Divide in six cups and steam half an hour.

Sauce—One-half cup granulated sugar, one tablespoonful of flour, stirred together, pour boiling water on and put in butter size of a walnut and vanilla to taste.

Quickly Made Apple Pone.

Pare and chop a quart of sweet apples; pour a pint of boiling water into a pint and a half of white cornmeal; when cool add two tablespoons of sugar, two tablespoons of shortening, and enough sweet milk to make a batter, sift two spoonfuls of baking powder with a cup of flour, add a pinch of salt and stir into the mixture, add the chopped apples and turn into a greased shallow pan, bake 40 minutes in a moderate oven.

Butter Frosting.

Half pound of powdered sugar, butter size of an egg. Put sugar and butter together, then beat the white of an egg stiff and add to the sugar and butter; beat thoroughly. Flavor with vanilla. This will frost two cakes.

IF WE ONLY COULD.



"We all have our enemies, you know."

"But we can't all buy automobiles to run 'em down."

BABY'S TERRIBLE SUFFERING

"When my baby was six months old, his body was completely covered with large sores that seemed to itch and burn, and cause terrible suffering. The eruption began in pimples which would open and run, making large sores. His hair came out and finger nails fell off, and the sores were over the entire body, causing little or no sleep for baby or myself. Great scars would come off when I removed his shirt."

"We tried a great many remedies, but nothing would help him, till a friend induced me to try the Cuticura Soap and Ointment. I used the Cuticura Soap and Ointment but a short time before I could see that he was improving, and in six weeks' time he was entirely cured. He had suffered about six weeks before we tried the Cuticura Soap and Ointment, although we had tried several other things, and doctors, too. I think the Cuticura Remedies will do all that is claimed for them, and a great deal more."

(Signed) Mrs. Noble Tubman, Dodson, Mont., Jan. 28, 1911. Although Cuticura Soap and Ointment are sold by druggists and dealers everywhere, a sample of each, with 32-page book, will be mailed free on application to "Cuticura," Dept. L, Boston.

Time Files.

When the blind woman who plays the accordion saw a genial looking man stop to read her placard she quickened her tune in the expectation that he was going to give her some money, but he gave advice instead.

Said he: "Have you read that sign of yours lately?"

She said she had not.

"Well," said he, "you'd better, and then have it edited. It is dated six years ago and says you have six small children dependent upon your efforts with this instrument for support. Six years works wonders in children, and they must be pretty lusty youngsters by this time. Change that date to 1912."

A Correction.

"We are drifting toward a paternal form of government," said the economist.

"Pardon me if I correct you," responded the suffragette, gently; "to be accurate, you should say a maternal form of government."—Washington Star.

Cause of the Row.

"Mrs. Brown had a dreadful quarrel with her husband last night?"

"That so?"

"Yes. She bid eight on a hand that was good for ten, not thinking Mr. Brown would overbid her, but he did. It almost broke up the party."

When Your Eyes Need Care

Try Marine Eye Remedy. No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Watery Eyes and Granulated Eyelids. Illustrated Book in each Package. Marine Eye Remedy is sold in successful Physicians' Practices for many years. Now dedicated to the Public and sold by Druggists at 25c and 50c per Bottle. Marine Eye Remedy is Aseptic, Pure, and Good.

Marine Eye Remedy Co., Chicago

Joke Writer's Reply.

Blinks—It says here that a woman pointed a toy pistol at a burglar and he surrendered.

Jinks—Wise Burglar.

The Paxton Toilet Co. of Boston, Mass., will send a large trial box of Paxtine Antiseptic, a delightful cleansing and germicidal toilet preparation, to any woman, free, upon request.

Pa Knows.

Willie—Paw, what does discretion mean?

Paw—Picking out a small man when you are looking for trouble.

Stop the Pain.

The hurt of a burn or a cut stops when Cole's Carbolic is applied. It heals quickly and prevents scars. See and see by druggists. For free sample write to J. W. Cole & Co., Black River Falls, Wis.

The meanest trick a leap year girl can play on a man who rejects her proposal is to take him at his word.

Smokers can taste the rich mellow quality in LEWIS' Single Binder cigar. Extra good tobacco.

The more promises a man makes the more he doesn't keep.

LIKE THE WOLF AND LAMB

Inoffensive Creatures Most Unjustly Charged With Sudden Attack of Bloodthirstiness.

A man who was caught in the act of skinning a neighbor's sheep, covered his embarrassment by declaring that no sheep could bite him and live. The logic of this is equaled by that of the Yankee soldier who once had a narrow escape from an enraged gander. The men of a certain Maine regiment, which was in the enemy's country in 1862, considered the order "no foraging" an additional and uncalled-for hardship. One afternoon about dusk, a soldier was seen beating a rapid retreat from the rear of a farmhouse near by, closely pursued by a gander with wings outspread, whose feet seemed scarcely to touch the ground, and from whose beak issued a succession of angry screams. The fugitive was not reassured by the cries of the gander's owner: "Hold on, man, hold on! He won't hurt you!" "Call off your gander! Call him off!" shouted the fleeing soldier. Neither man nor gander stopped until inside the campfires, when the soldier's friends relieved him of his fierce pursuer with the aid of the butt of a musket. "Did that gander think he could chase me like that and live!" the soldier exclaimed, as he surveyed the outstretched bird; but he said nothing of the baited hook, with codline attached, which might have thrown light on the unfortunate gander's strange actions.

Before Publication.

"Patsy, bring me a paper when you come to work in the morning," a woman who lived at the edge of a village told her man of all work when he went home at night. "Now, don't forget it," she added.

"No, ma'am," said Patsy, "I won't. I might forget it if I left it until morning, so I'll get it tonight."

Very Different.

"Is it true that your daughter intends to study for the stage?"

"No, she hasn't any such ideas. What she intends to do is become an actress."

Mrs. Whistler's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, etc. a bottle.

Sweethearts are always dear, but wives are far more expensive.

Garfield Tea keeps the liver normal. Drink before retiring.

There are two kinds of ambition; one soars and the other crawls.

900 DROPS

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ALCOHOL—3 PER CENT

Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. **NOT NARCOTIC**

Recipe of Old Dr. SAMUEL PITCHEE

Pumpkin Seed.
Aloes.
Rhubarb.
Senna.
Licorice.
Ginger.
Peppermint.
Cinnamon.
Cloves.
Nutmeg.
Cardamom.
Sage.
Mint.
Anise.
Fennel.
Mustard.
Turmeric.
Saffron.
Vermilion.
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Allspice.
Cloves.
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A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP

The Simple Signature of
Dr. H. H. Pitcher

THE CENTAUR COMPANY,
NEW YORK.

At 6 months old
35 DROPS—35 CENTS

Guaranteed under the Food and Drug Act.

Exact Copy of Wrapper.

Boy's Idea.

Willie was looking at the pictures in a magazine when suddenly he turned to his father and asked: "Pa, do coconuts really grow on trees?"

"Of course! Where did you think they grew?"

"Why, pa, I always thought the monkeys laid 'em."—Boston Transcript.

The system takes kindly to nature's laxative, Garfield Tea, which is mild in action and always effective.

The hot air treatment for financial ills is seldom a curative.

Ask for this Box

HOUSEHOLD EXTRACT

It's the goodness of this root-beer as well as its tonic properties that make it so great a favorite. One package makes 5 gallons. It's the goodness of this root-beer as well as its tonic properties that make it so great a favorite. One package makes 5 gallons. It's the goodness of this root-beer as well as its tonic properties that make it so great a favorite. One package makes 5 gallons.

Write for Premium Package, THE CHARLES E. HUBBARD CO., 268 N. Broad St., Philadelphia, Pa.

THE SECRET OF LONG LIFE.

Do not sap the springs of life by neglect of the human mechanism, by allowing the accumulation of poisons in the system. An imitation of Nature's method of restoring waste of tissue and impoverishment of the blood and nervous strength is to take an alternative glyceric extract (without alcohol) of Golden Seal and Oregon grape root, Bloodroot, Stone and Mandrake root with Cherrybark. Over 40 years ago Dr. Pierce gave to the public this remedy, which he called Dr. Pierce's Golden Medical Discovery. He found it would help the blood in taking up the proper elements from food, help the liver into activity, thereby throwing out the poisons from the blood and vitalizing the whole system as well as allaying and soothing a cough.

No one ever takes cold unless constipated, or exhausted, and having what we call mal-nutrition, which is attended with impoverished blood and exhaustion of nerve force. The "Discovery" is an all-around tonic which restores tone to the blood, nerves and heart by imitating Nature's methods of restoring waste of tissue, and feeding the nerves, heart and lungs on rich red blood.



DR. PIERCE.

"I suffered from pain under my right shoulder blade also a very severe cough," writes Mrs. W. D. DOW, of New Brooklyn, N. Y., to Dr. R. V. Pierce, Buffalo, N. Y. "I had four different doctors and none did me any good. Some said I had consumption, others said I would have to have an operation. I was bedridden, unable to sit up for six months—and was nothing but a live skeleton. You advised me to take Dr. Pierce's Golden Medical Discovery and Dr. Pierce's Pleasant Pellets. When I had taken one bottle of the 'Discovery' I could sit up for an hour at a time, and when I had taken three bottles I could do my own cooking and tend to the children. I took fourteen boxes for heart trouble, and then in good health. My weight is now 107 pounds."

W. L. DOUGLAS SHOES

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For MEN, WOMEN and BOYS

W. L. DOUGLAS \$4.50 & \$5.00

SHOES EQUAL CUSTOM BENCH WORK COSTING \$7.00 TO \$8.00

Wear W. L. Douglas Shoes. You can save money because they are more economical and satisfactory in style, fit and wear than any other makes. W. L. Douglas name and price stamped on the bottom guarantees full value and protects the wearer against high prices and inferior shoes. Insist upon having the genuine W. L. Douglas shoes. Take No Substitutes.

If your dealer cannot supply W. L. Douglas shoes, write W. L. Douglas, Brockton, Mass., for catalogue. Shoes sent everywhere delivery charges prepaid. *Trade Color Register mark.*

COLT DISTEMPER

Can be handled very easily. The sick are cured, and all other diseases, by using COLT'S LIQUID DISTEMPER. It is a powerful medicine, and the basis of its food. Acts on the blood and expels germs of all forms of distemper, but never causes any harm to the system. One bottle guaranteed to cure one case. Do not let it be lost! It is a powerful medicine, and the basis of its food. Acts on the blood and expels germs of all forms of distemper, but never causes any harm to the system. One bottle guaranteed to cure one case. Do not let it be lost!

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For Infants and Children.

The Kind You Have Always Bought Bears the Signature of

In Use For Over Thirty Years

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PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One life package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Wash and Mix Colors. **MONROE DYE COMPANY, Quincy, Ill.**

"For Every Little Family Ailment" Vaseline

"Vaseline" is the purest, simplest, safest home remedy known. Physicians everywhere recommend it for its softening and healing qualities.

Nothing so good as "Vaseline" for all afflictions of the skin, scratches, sores, etc. Taken internally, relieves colds and coughs. For sale everywhere in attractive glass bottles.

Accept no substitute for "Vaseline"

Our free "Vaseline" booklet tells you many ways in which "Vaseline" may be useful to you. Write for your copy today.

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Because of those ugly, grizzly, gray hairs. Use "LA OREOLE" HAIR DRESSING. PRICE, \$1.00, retail.